Holy Rood House retreat Winter Advent Reflective Day *Mother Earth and Mother Mary* Tuesday 3rd December 2024 From 9.45 for 10 – 4pm As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, where there will be opportunity to wander our inspirational gardens with its labyrinth, chickens and pond, alongside indoor spaces such as our creative art room and chapel. Helen Warwick, one of our chaplains, and Mike our residential gardener, will be accompanying guests for a creative, reflective and relaxing day. The day includes a light lunch, hot drinks and finishes with tea and cake.



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find our facilities helpful in their ongoing healing process. 'the house has 'held' me, the garden has cheered me, and the art room has freed me from worries & responsibilities.' 'I came tired, I leave refreshed and renewed by hope.' Quotes from guests. We are a charity wholly supported by donations. The suggested donation for the day is **£40**.

To book the day please ring us on 01845 522580 or email us at <u>enquiries@holyroodhouse.org.uk</u>. It is helpful for us to know dietary requirements and if you are a UK tax payer so we can claim gift aid on your donation.

We run regular, seasonal Reflective Days throughout the year. Do explore our website <u>http://www.holyroodhouse.org.uk/</u> or give us a ring to find out more about the day.

Holy Rood House & Juliet House Centre for Health and Pastoral Care & The Centre for the Study of Theology and Health 10 Sowerby Road Thirsk North Yorkshire YO7 1HX 01845 522580 enquiries@holyroodhouse.org.uk Registered charity: 1099836



Information about the Quiet Garden Movement can be found at http://quietgarden.org/