

**Holy Rood House, Thirsk,**  
**welcomes you to an**  
**Advent Creative day -**  
***Treasures in the Darkness***  
**Thursday 14<sup>th</sup> December 2023**  
**from 9.45 for 10am – 4pm**



Jane Burnley collage

Come and enjoy a day at the peaceful centre of Holy Rood House (and Juliet House) - we specialise in health and pastoral care. Suitable for all abilities, Helen Warwick, a creative therapist and chaplain, will be encouraging play and exploration in our large art room, based on reflections from our current art exhibition '**Small Delights**' by artist Jane Burnley.

This moving and honest exhibition includes reflections on noticing the small, hope and grief. The day will include lunch and hot drinks and will finish with tea and cake.



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need and education through the theology centre.

Helen is a chaplain and creative therapist who leads creative retreats, sessions in our art room and works with individuals and groups. She is a trained Occupational Therapist and Spiritual Director and has published five books. Keeping her own creative journal really helps her life and work. Comments from guests include '*...the house has 'held' me, the garden has cheered me and the art room has freed me from worries & responsibilities.*' 'I haven't done any creative writing for years and so really enjoyed spending time in your wonderful art room'.

We are supported by donations.

**The suggested donation for this day is £40**

**To apply please email us at [enquiries@holyroodhouse.org.uk](mailto:enquiries@holyroodhouse.org.uk).**

We will email back with an acceptance and send BACS details for payment – **to be paid before the event**. Please inform if you are a gift-aider and supply your name and full address. Or you can send a cheque. Do give us a ring or email if you want to find out more.

**Holy Rood House & Juliet House**  
**Centre for Health and Pastoral Care**  
**& The Centre for the Study of Theology and Health**

**10 Sowerby Road**  
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Registered charity: 1099836

*As we start small with  
our noticings in nature,  
and open to this insight,  
we find an energy that  
helps our insight to  
grow and expand.*

Helen Warwick Wisdom Calls