

# Holy Rood House retreat

## Summer Quiet Garden day

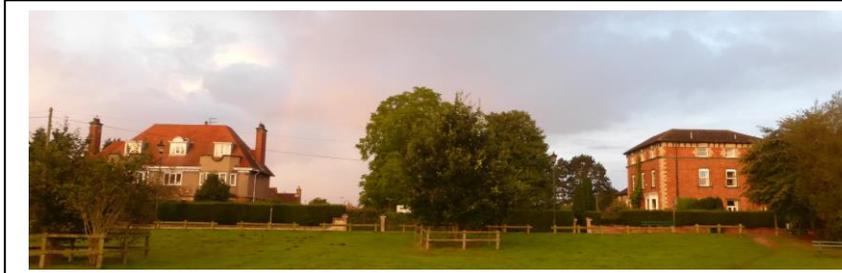
*The garden as embracer of our sorrows and joys*

**On Saturday 5<sup>th</sup> June 2021**  
**From 9.45 for 10 – 3.30pm**

As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care. Helen Warwick, one of our chaplains, will be offering ideas, poems and prayers. Our large garden offers a quiet, gentle healing space which includes a labyrinth, orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, and an art room. We will be respecting social distancing and correct hygienic procedures. Please bring packed lunch and drinks and your mask.



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process 'I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet peaceful atmosphere...' Quote from a guest.

We are a charity wholly supported by donations. The suggested donation for the day is **£25 - £30**.

To book the day please ring us on 01845 522580 or email us at [enquiries@holyroodhouse.org.uk](mailto:enquiries@holyroodhouse.org.uk). It is helpful for us to know if you are a UK tax payer so we can claim gift aid on your donation.

**A further seasonal Quiet Garden day will be on Saturday 9<sup>th</sup> October 2021**

Do explore our website <http://www.holyroodhouse.org.uk/> or give us a ring to find out more about the day.

**Holy Rood House & Thorpe House  
Centre for Health and Pastoral Care  
& The Centre for the Study of Theology and Health  
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*Birds come, fly and sing to me  
when I have lost my song.*

*Trees come, wave a branch to me  
when I feel alone.*

*Flowers come,  
pour your scent my way  
when I have lost my senses*

Information about the Quiet Garden Movement can be found at  
<http://quietgarden.org/>