

Holy Rood House welcomes you to a Spring Quiet Garden day

Exploring Hope in our Healing Gardens

On Saturday 19th March 2022

From 9.45 for 10 – 4pm

As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care. Helen, one of our chaplains, will be offering ideas poems and prayers with Mike, our residential community gardener, contributing to the day. Our large garden offers a quiet, gentle healing space which includes a labyrinth, orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, and a large art room.

A light lunch and hot drinks will be provided.

The day will end with tea and cake.

Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process '*I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet, peaceful atmosphere...*' Quote from a guest.

Suggested donation for the day - £35

**Holy Rood House & Juliet House
Centre for Health and Pastoral Care
& The Centre for the Study of Theology and Health
10 Sowerby Road
Thirsk
YO7 1HX**

Do explore our website <http://www.holyroodhouse.org.uk/> or give us a ring **01845 522580**
enquiries@holyroodhouse.org.uk Charity number 1099836