

**Holy Rood House welcomes you to**  
***Replenish***

**A day of refreshment**  
**Thursday 23<sup>rd</sup> April 2020**

from 9.45 for 10am – 4pm



Come and enjoy a day at the peaceful centre of Holy Rood House (and Thorpe House) - we specialise in health and pastoral care.

The day will have a gentle focus –

***finding space and belonging***

and is for anyone wanting  
more refreshment in life.

There will be relaxing and creative spaces and Helen and Jeanette, our chaplains, will be there for you. Holy Rood House has lovely facilities including a big garden, art room and library. The day will include lunch and hot drinks and will finish with tea and cake.

These days are run regularly  
throughout the year.

*Holy Rood House & Thorpe House*  
*Centre for Health and Pastoral Care*  
*& The Centre for the Study of Theology and Health*  
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Suggested donation of £35 - £40