

# Holy Rood House welcomes you to A Spring Quiet Garden day **Re-awakening our senses**

**On Saturday 21<sup>st</sup> April 2018  
From 9.45 for 10 – 4pm**

As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care. Its large garden offers a quiet, gentle healing space which includes a labyrinth, orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, an art room, library and a chapel within a smaller garden – the Chapel of Sophia (pictured). The day will include lunch and hot drinks and will finish with tea and cake.



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process 'I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet peaceful atmosphere...' Quote from a guest.

We are a charity wholly supported by donations. The suggested donation for the day is **£35 - £40**.

To book the day please ring us on 01845 522580 or email us at [enquiries@holyroodhouse.org.uk](mailto:enquiries@holyroodhouse.org.uk). It is helpful for us to know dietary requirements and if you are a UK tax payer so we can claim gift aid on your donation.

**Further seasonal Quiet Garden days will be on Saturdays  
July 14<sup>th</sup> and October 6<sup>th</sup>.**

Do explore our website <http://www.holyroodhouse.org.uk/> or give us a ring to find out more about the day.

**Holy Rood House & Thorpe House  
Centre for Health and Pastoral Care  
& The Centre for the Study of Theology and Health  
10 Sowerby Road  
Thirsk  
North Yorkshire  
YO7 1HX  
01845 522580**

[enquiries@holyroodhouse.org.uk](mailto:enquiries@holyroodhouse.org.uk)

Information about the Quiet Garden Movement can be found at  
<http://quietgarden.org/>