

**Holy Rood House welcomes you to a**  
**SPRING QUIET GARDEN DAY**  
*The Peace of Wild Things*  
**On Saturday 11<sup>th</sup> May 2019**

from 9.45 for 10 – 4pm  
as part of the Quiet Garden Movement



**Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care. Its large garden offers a quiet, gentle healing space which includes a labyrinth, an orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, an art room, library and a chapel within a smaller garden – the Chapel of Sophia. The day will include lunch and hot drinks and will finish with tea and cake.**

Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process '*I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet, peaceful atmosphere...*' Quote from a guest.

Suggested donation for the day - £35 -£40

**A further seasonal Quiet Garden day will be on Saturday July 20th 2019.**

**Holy Rood House & Thorpe House  
Centre for Health and Pastoral Care  
& The Centre for the Study of Theology and Health  
10 Sowerby Road  
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