

**Holy Rood House retreat**  
**Winter Quiet Garden day**  
*Be patient where you sit in the  
dark, the dawn is coming* Rumi  
**On Saturday 12<sup>th</sup> December**  
**From 9.45 for 10 – 3.30pm**

As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care. Its large garden offers a quiet, gentle healing space which includes a labyrinth, orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, and an art room. We will be respecting social distancing and correct hygienic procedures. Please bring packed lunch and drinks and your mask.



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process 'I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet peaceful atmosphere...' Quote from a guest.

We are a charity wholly supported by donations. The suggested donation for the day is **£25 - £30**.

To book the day please ring us on 01845 522580 or email us at [enquiries@holyroodhouse.org.uk](mailto:enquiries@holyroodhouse.org.uk). It is helpful for us to know if you are a UK tax payer so we can claim gift aid on your donation.

**A further seasonal Quiet Garden day will be on  
Saturday 20<sup>th</sup> March 2021**

Do explore our website [http://www.holyroodhouse.org.uk/](http://www.holyroodhouse.org.uk) or give us a ring to find out more about the day.

**Holy Rood House & Thorpe House  
Centre for Health and Pastoral Care  
& The Centre for the Study of Theology and Health  
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[enquiries@holyroodhouse.org.uk](mailto:enquiries@holyroodhouse.org.uk)

*We have entrusted our  
treasures like bulbs to the  
cold winter earth and  
somewhere in the grip of  
winter her tenderness will  
come and this too is  
inevitable.*

From Claire Dawson 'Seasons'

Information about the Quiet Garden Movement can be found at  
<http://quietgarden.org/>