

We are a registered charity wholly supported by donations from guests, visitors, friends, financial partners, local organisations and some grant making trusts.

These donations make your stay here possible as without them we would not be able to continue to run the House. In order for us to be able to offer hospitality to others we ask that you may also consider making a donation towards the costs of maintaining the House for the future.

We understand that giving these amounts may not always be possible for some people and we would be happy to discuss individual circumstances.

If you are a tax payer and can sign a Gift Aid form this will greatly enhance the value of your gift at no extra expense to yourself.

I (full name)

of (address).....

confirm that I am a UK tax payer and I pay income, or capital gains tax, at least equal to the amount of tax to be reclaimed, and that it is my wish to make this and all future donations under the Gift Aid Scheme.

Signature

Amount of gift £

Date

**Holy Rood House
Centre for Health and Pastoral Care
10 Sowerby Road
Thirsk North Yorkshire
YO7 1HX**

**01845 522580
enquiries@holyroodhouse.org.uk
www.holyroodhouse.org.uk**

Charity No. 1099836
Company Limited by Guarantee No 4647338

“Holy Rood House...A space for Men”

**8th 4pm—10th 3pm
MAY 2020**

‘In Growing Orbits’

Poetry, Creativity and Spirituality from a Masculine Perspective



**HOLY ROOD HOUSE
Centre for Health and Pastoral Care
10 Sowerby Road
Thirsk
YO71HX
Tel: 01845 522580
enquiries@holyroodhouse.org.uk
www.holyroodhouse.org.uk**

In Growing Orbits

The Men's Weekend at Holy Rood is one of learning and sharing as once again we create a community where we turn to one another, engage with one another in conversation and support each other. This year through the work of the poet Rilke, who writes:

"I live my life in growing orbits."

and poems of Mary Oliver, and the Persian poet, Rumi, we will explore words and images which are key elements in our spiritual and psychological growth and development. They help us to be and to become more as we shape and reshape ourselves. They provide the medium through which we change and grow as we encounter one another and the One who is altogether Other.

Together we will pay attention to our bodies and our souls as we engage in simple physical exercise and spend time in silence and meditation. We will also make space for music, another kind of poetic expression, where we share favourite pieces but are also taken on a musical exploration. We will grow a safe space where we can share our favourite pieces of poetry or create something new. Together, as we gather around the dining table and the communion table we build anew our fellowship rooted in our humanity and our masculinity.

The weekend will once again be led Revd. Canon Peter Kenney, retired priest and Jungian psychoanalyst, and, as previously, he will be ably assisted by Nick Warwick, who lives in the community and as well as being Business Manager for the Charity, is –as you can see a musician—and an integral part of the Men's Weekends at Holy Rood House.



"Your task is not to seek for love, but merely seek and find all the barriers within yourself that you have built against it." Rumi

"Tell me, what is it you plan to do with your one wild and precious life?" Mary Oliver

"Plenty of space, held and given with such loving awareness by everyone here, and the place and environment itself. I feel re-connected with God, re-minded, centred."

Written by a former guest at a Men's Spirituality Weekend

BOOKING FORM from 4pm 8-10th May 3pm 2020 Suggested donation £185 (£195 en-suite) A reduction of £10 per person if sharing

Please send this form together with a £60 non-returnable deposit or the full amount to:

Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk YO7 1HX
Telephone: 01845 522580

Name:.....

Address:.....

.....

.....Post Code:.....

Telephone:.....

We will arrange to meet a train or coach if necessary;

Time of arrival: Thirsk Station at..... Coach at

If possible I/We would like an en-suite room

(For 2 people) we would like a double/twin room

Please indicate if stairs are a difficulty for you.

Access & carer's suite is available (small supplement)

SPECIAL DIET Do you have a special diet or other information we need to help make your stay comfortable?

.....

How did you hear about Holy Rood House?

**A small bursary may be available*

**If you would like a receipt please send a stamped addressed envelope
Please make cheques payable to Holy Rood House**

