

# Holy Rood House On-line Lent retreat

## *A Voice in the Wilderness*

**On Saturday 27<sup>th</sup> February 2021  
from 10am – 11.30am**

**repeated on Tuesday 2<sup>nd</sup> March  
at 10am – 11.30am and 6pm - 7.30pm**



**We welcome you to our on-line retreat with Helen Warwick. As we go through this unprecedented time, we will be offering sacred space as we reflect on what emerges from the wilderness. Through poetry, prayer, art and reflection we will explore the way through the wilderness, what voice emerges and the hope and light this can bring through Lent.**



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need and education through the theology centre.

Helen is one of our residential chaplains who leads creative retreats and works with individuals and groups. She is a trained Occupational Therapist and Spiritual Director and has published four books. Helen has been running on-line retreats that are proving valuable and popular. Comments include ***'These zoom sessions have been a real gift – a way to create a bit of inner space for myself' 'I found this morning uplifting and inspiring' 'The material was hopeful, gentle and nourishing' 'The way you led was helpful, your pace was brilliant'.*** There will be space for your own reflections during this retreat.

We are supported by donations.

**The suggested donation for the event is £15.**

**To apply please email us at [enquiries@holyroodhouse.org.uk](mailto:enquiries@holyroodhouse.org.uk).** We will email back with an acceptance and send BACS details for payment – **to be paid before the event.** Please inform if you are a gift-aider and supply your name and full address. Or you can send a cheque. A few days before the retreat you will be sent an email with the Zoom link that will take you straight to the event. Do give us a ring or email if you want to find out more.



**Holy Rood House  
Centre for Health and Pastoral Care  
& The Centre for the Study  
of Theology and Health  
10 Sowerby Road  
Thirsk  
North Yorkshire  
YO7 1HX  
Tel: 01845 522580**

**[www.holyroodhouse.org.uk](http://www.holyroodhouse.org.uk)**

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