



## OTHER EVENTS FOR YOUR DIARY

### November 2020:

Celebrating the 20th Anniversary of  
The Centre for the Study of Theology and Health  
**Friday 6th 7pm at St Oswald's Church**  
**'The Hildegard Lecture'**

**'Public Theology & the Common Good'**

**Prof Elaine Graham** Grosvenor Research Professor of  
Practical Theology at the University of Chester and  
Holy Rood House Consultant.

**Saturday 7th** Contd with a workshop day 9.30 for 10-4pm

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**Saturday 28th 9.30 for 10-4pm St Oswald's Church**  
**ADVENT RETREAT DAY with Revd Dr Tiffany Conlin,**  
Research in arts and healing and Prison Chaplain and  
Consultant for Holy Rood House.

**'Entertaining Angels'**

**Responding to the othering of you, me & the environment.**  
Reflective day through the arts and spirituality.

### December 2020:

**Saturday 12th 9.30 for 10-4pm**

**Winter Garden Day with Helen Warwick,**  
Residential Lay-Chaplain at Holy Rood House

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**Saturday 19th at St Oswald's Church**  
**Pre-Christmas Retreat Day with the community of**  
**Holy Rood House**

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It may be possible to have accommodation over these  
weekends. Please book early as there are limited places.

For 'Holding Real Hope' Zoom gatherings with  
Helen Warwick and all other events see our website  
dropdown on our home page.  
[www.holyroodhouse.org.uk](http://www.holyroodhouse.org.uk)

**HOLY ROOD HOUSE**  
CENTRE FOR HEALTH AND PASTORAL CARE  
with  
THE CENTRE FOR THE STUDY OF THEOLOGY AND HEALTH

## MUSIC, SPIRITUALITY & WELL-BEING

with

**THE REVD PROF JUNE BOYCE-TILLMAN MBE**



**SATURDAY 24th OCTOBER 2020**

at

**ST OSWALD'S CHURCH, SOWERBY, THIRSK YO7 1JG**

**9.30 for 10.00-4.00pm**

Contact: Holy Rood House 10 Sowerby Road, Thirsk YO7 1HX

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Tel: 01845 522580

[www.holyroodhouse.org.uk](http://www.holyroodhouse.org.uk)

Charity No: 1099836

## Music, Spirituality and Wellbeing

Holy Rood House is delighted to welcome again their Arts and Theological Consultant, who has supported the Charity since 1993.

June Boyce-Tillman MBE is a prominent British academic specialising in music, spirituality and theology, particularly women's role in church music. Whist recently retired as Professor of Applied music at the University of Winchester, June continues with her doctoral students. June is also Extraordinary Professor at North-West University, Potchefstroom, South Africa. She is the artistic convenor of the Centre for the Arts as Wellbeing at Winchester University, a self-supporting priest in the Anglican Church, and an honorary chaplain to Winchester Cathedral. In 2009 she received her MBE for her services to Music and Education.

This day for Holy Rood House, will examine practically the relationships between the three areas, Music, Spirituality and Wellbeing, starting with the components of wellbeing/eudemonia. It will look at the relationship between music and contemplative traditions and the role of listening in our relationship to our ancestors through the music of John Tavener who saw the role of music as Heart Ease. There will be a session discussing the way in which people have used music/sound in the lockdown particularly in the areas of the environment, nurture, sociability and positivity. The day will include presentations, practical activities, sharing and discussion. Participants are asked to bring with them, if they choose to do so, contributions to the discussion around the pandemic which can be in a variety of forms, such as a recording (ideally either on a CD, a phone, a website, or iPad or sent in advance as an MP3 file), a poem, an account, a story, a picture.

St Oswald's Church is a very creative space and many of June's performances have taken place there over the years. Holy Rood House is using the Church during these times to create plenty of social distancing, whilst giving a warm sense of being together in community.

**It is possible for some people who are travelling a distance, to stay at Holy Rood House, which has created safe and peaceful spaces for guests. Please contact the office if you wish to stay and we will see if this is possible and will discuss practical arrangements with you.**

**Suggested Donation for the Saturday from £30-£50 which you may be able to gift-aid.**

The Holy Rood Shop will be available during the day.

Coffee and Holy Rood biscuits and tea and Holy Rood cake will be provided.

Please bring your own flask and lunch for our middle of day break.

It is probable that all participants will be required to wear masks with exceptions for health reasons. Our experience is that this will not spoil our time together. Although we will not be able to enjoy our usual singing, no doubt June will have other participatory ways of creating music!

Please contact the office by email or telephone to confirm a place. Due to Government restrictions it will not be possible just to arrive, as we have to account for each person. **To help us with our administration and to confirm your booking please send £20 as a non-returnable deposit or the whole amount you are able to give.**

Cheques are made out to:  
Holy Rood House and BACS  
details are:  
Sort Code: 40-28-16  
Account: 41227512 Account  
name: Centre for Health and  
Pastoral Care  
Reference: name and M.S &  
Wellbeing

One of June's Diagrams:  
'Music and Wellbeing'

