



Holy Rood House
Centre for Health and Pastoral Care
with The Centre for the Study of Theology and Health
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HOLY ROOD HOUSE
CENTRE FOR HEALTH AND PASTORAL CARE

Women's Spirituality
LENT WEEKEND RETREAT
16-18 February 2024
'MAKING SPACE FOR GROWTH'



THE REVD DR JAN BERRY
A warm welcome awaits you...
Come and enjoy the creative spaces of
Holy Rood House and Juliet House
Overlooking the Hambledon Hills
in Thirsk, North Yorkshire

Holy Rood House is so pleased to have Jan Berry back among the community leading us in this Women's Spirituality Retreat.

Jan is a feminist theologian, and a United Reformed Minister, and directed our project, 'The Centre for the Study of Theology and Health' from 2009-2012. Publishing 'Hymns for Healing and Hope' through Stainer & Bell in 2017, Jan provided a rich resource for the community and for the wider church. Her own hymns and liturgies are the source of much of the inspiration afforded to the Holy Rood community over many years.

Jan published 'Naming God' in 2011 a URC publication through which her passion for feminist theology is paramount. Jan's work stems from 'a theology which is creation centred and embodied, with a strong emphasis on justice and peace.'

Jan's inspiring work over the years at Luther King House, Manchester, has contributed to the enrichment of theology, spirituality and the arts in the lives of women and men across Britain and further afield. Her insight, and personal interest in people's spiritual lives has enabled many to find the courage to develop their own vocations into ministry.

Jan has a special gift in areas of women's spirituality, and we are delighted she will be sharing those gifts this Lent weekend.



Are you giving up anything for Lent?

This retreat will use reflection, sharing, creativity and liturgy to explore ways in which we can let go of patterns and ways of thinking that block us, and make space for growth and flourishing.



*"We shall grow together
as we share our struggles and hope"*

(refrain from a prayer by Jan Berry)

Come and enjoy the lovely spaces here at Holy Rood House, including the creative arts room, labyrinth, river walks, and our chapel opening onto the early Spring Garden.

*"We sing of a hope that is flourishing in us,
Shaping our lives into all they may be,
Delighting in art and in music and laughter,
The God of creation in joy sets us free."*

(Jan Berry: Hymns of Hope and Healing, Stainer & Bell)

JAN BERRY FEBRUARY LENT RETREAT

Friday 16TH (FROM 4PM) TO Sunday 18th (3pm) **2024**

The suggested donation for this special retreat is:
£250 and £260 en-suite.

For those sharing a room a reduction for each of £5 a night.

Please email Carolyn to book and then please send a deposit of £50 or the full amount by BACS if possible
HSBC Centre for Health and Pastoral Care
Sort Code: 40-28-16
Account: 41227572 Ref: Name/Lent Retreat
or by cheque made out to Holy Rood House
If you are able to Gift Aid please tick this box
and kindly sign your name below

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NAME/S.....

ADDRESS.....

EMAIL.....

TELEPHONE.....

EMERGENCY NUMBER.....

Please let us know if stairs are difficult for you and any dietary Requirements or other needs:

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If travelling by train please let us know times and we will see if we can arrange to collect you.....

How did you know about this retreat?.....

