

Holy Rood House retreat Autumn Quiet Garden day

*Letting nature nurture us
through climate change*

Thursday 19th September 2024

From 9.45 for 10 – 4pm

As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care.

Helen Warwick, one of our chaplains, and Mike our residential gardener, will be accompanying guests for a creative, reflective and relaxing day; opening ourselves to nature's nurture and guiding through climate change. Our large garden offers a quiet, gentle healing space which includes a labyrinth, orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, and an art room. The day includes a light lunch, hot drinks and finishes with tea and cake.



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process 'I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet peaceful atmosphere...' Quote from a guest.

We are a charity wholly supported by donations. The suggested donation for the day is **£40**.

To book the day please ring us on 01845 522580 or email us at enquiries@holyroodhouse.org.uk. It is helpful for us to know if you are a UK tax payer so we can claim gift aid on your donation.

We run regular, seasonal Quiet Garden Days throughout the year.

Do explore our website <http://www.holyroodhouse.org.uk/> or give us a ring to find out more about the day.

**Holy Rood House & Juliet House
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Registered charity: 1099836



Information about the Quiet Garden Movement can be found at
<http://quietgarden.org/>