

Among the many supporters of this Appeal are:

The Rt Revd and Rt Hon The Lord Williams of Oystermouth,
former Archbishop of Canterbury and our Patron

Tim Madgwick QPM, Independent Chair of City of York Council Mental
Health Delivery, Chair of the City of York Adult Safeguarding Board and
previously Deputy Chief Constable North Yorkshire Police

The Rt Revd and Rt Hon Dame Sarah Mullally DBE,
Bishop of London and former UK Chief Nursing Officer

The Rt Revd James Newcombe, Bishop of Carlisle, lead Bishop for Health

The Rt Revd Paul Ferguson, Bishop of Whitby

The Revd Leslie Newton, Chair of the North and East Methodist District

Professor Mary Grey, Catholic Theologian and Patron of Holy Rood House

Peter Wright, BVSc, MRCVS, of Channel 5's Yorkshire Vet and partner
of Skeldale Veterinary Centre in Thirsk



Carolyn (Residential Community Member for 5 years) writes:

Living in community is about being alongside each other—staff, guests and the stranger who comes to the door. It is so very special being part of a community, where the individuals who cross the threshold are welcomed and accepted as themselves. Living here is not an easy way of life, it can be challenging, mentally, physically and spiritually, but this is far outweighed by the amazing moments of seeing lives transformed”



If YOU can help to buy Holy Rood House and support our work of healing, please fill out the enclosed form. For further information speak to Elizabeth Baxter or Nick Warwick.

The Board of Trustees and the Community of Holy Rood House
thank you so much for your thoughtful support.

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HOLY ROOD HOUSE

Centre for Health and Pastoral Care



‘Building Into The Future’ APPEAL 2019

We need your help!

Can you support Holy Rood House at the most
important point in our history?

We need to raise £1,250,000
to buy Holy Rood House and Gardens
and continue the work of
healing, retreat and education into the future

Following our **25th Anniversary Year** we are very pleased to have a once in a life-time opportunity to purchase Holy Rood House and Gardens from our landlords, so we can continue our unique and professional work locally, and across Britain.



People of all ages find their way to Holy Rood House. Many are unwell, stressed and distressed. They may be living with mental ill health, chronic or terminal illness. People who have suffered abuse, those living with loss, transition, or caring for others, find respite, retreat, pastoral care and a place to relax and 'be'. Supported by the chaplaincy team, our counselling service and creative arts, they find calm, peace and healing within the inclusivity of our gentle, Christian community. Our Educational work too is vital to the flourishing of our guests, communities, churches and wider society.



Our gardens support the mental, physical and spiritual health of our guests, through connection with nature, and the freedom of open spaces. They are here too for the local community, children and our many other visitors.

"I'm sitting in the garden in the late summer sun connecting with all that is around me and the spirit of this place."

Thank you for the gentle structures that have enabled me to let go enough to see who I really am.

And thank you for the profound gift of acceptance and unquestioned welcome into this space at Holy Rood. I trust the grace that led me here..."



Please help us to meet the target so we can hold onto this precious resource

Over the past 25 years, Holy Rood House has helped many hundreds of people in crisis. People like 'Amy', who was referred to us by her university chaplain: she had been assaulted in her room and was in great distress and did not feel safe. After some time with us 'Amy' felt able to re-join her course and, with the support of the university, she completed her degree.

"Thanks for believing in me when I couldn't believe in myself"

Many of our guests speak of Holy Rood House as a 'Sanctuary' and a 'Safe Space'

Together we will help to secure this unique space for the future

"This is the first time I have felt safe enough to feel unsafe"
said a young soldier living with drug induced mental breakdown. 'John' was staying at Holy Rood House and had at last found the right place to support him on his difficult journey in life.

'Sara' fell in love whilst abroad, married, and moved to her husband's home in the Middle East. Three months into her marriage, her husband became violent and kept her locked in his house. In fear of her life, she escaped, and with the help of her family and the Consulate, she returned to the UK. She stayed with us for several periods over the year until she felt strong enough to make a new life.

The work of Holy Rood House has a good reputation across Britain and is internationally recognised. Last year, our Executive Director, the Revd Elizabeth Baxter, received the Langton Award for Community Service from the Archbishop of Canterbury.



Please help us with this Appeal, as we respond to the challenges of our rapidly changing world, through our ethos of inclusion and justice

"I arrived at Holy Rood House in a great deal of pain and torment, unable to move on and live my life...I arrived as a bird with a broken wing, unable to fly...for the first time in such a long time I now feel calm and still in my heart, mind, body and soul and feel able to live my life again."

"...a blessing to everyone but especially to those who are lonely and broken-hearted..."



Summer School with Patron Rowan Williams 2017